



Involve the Students

Presented by Jeff F. Krabiel

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Saturday, May 31, 2008 3:00 PM–4:30 PM

- Defining *Involvement* in a Spinning Class
- The Importance of Involving the Students in Our Classes
- The Rules of *Involvement*: Proper Structure Is the Key to Avoiding Confusion
- Suggestions for Involving Students Outside of Classroom
- Strategies, Games, and Activities for Inside the Classroom
- Questions
- Time to Ride!

**Please remember to submit a session evaluation.
Your feedback is important to us!**