



Group Exercise Dream Team
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Objective: This lecture will provide fitness directors and owners a tiered hiring process to ensure that their group exercise team is not only talented but also a good fit for their staff and members. This lecture is also a useful tool for instructors who can take a behind-the-scenes look at what directors are looking for when screening prospective instructors. Drafting a Group Exercise Dream Team will present its information via Power Point.

The importance of a multiple level audition/interview process

Pre-Interview

- How to schedule an interview
- The first impression: traits to look for to determine if the candidate merits a personal interview

The Personal Interview

- Important characteristics to look for in your candidates and how they present themselves when setting up and attending the interview
- Club tour/outline of instructor expectations
- Questions to ask

The Movement Analysis

- Actions speak louder than words
- What to look for when your candidate attends a class

The Audition

- Who should attend the audition (e.g. staff, members)
- What to look for during the audition process

Team Teaching

Offering the Positions

- Revisit the expectations and SOP for instructors
- 90-day trial period

Please remember to submit a session evaluation.

Your feedback is important to us!